青協地圖一覽

元朗
Yuen Long

天水圍
Tin Shui Wai

屯門
Tuen Mun

荃灣
Tsuen Wan

粉嶺
Fanling

大埔
Tai Po

將軍澳
Tseung Kwan O

沙田
Sha Tin

西貢
Sai Kung

北角
North Point

灣仔
Wan Chai

香港仔
Aberdeen

赤柱
Stanley

南丫島
Lamma Island

粵港澳大灣區 GBA

青協中山三鄉青年培訓中心
HKFYG Zhongshan Sanxiang Youth Training Centre
zhsh.hkfyg.org.hk

青協前海香港青年發展中心
HKFYG Qianhai Hong Kong Youth Development Centre

中山 Zhongshan
深圳 Shenzhen
香港 Hong Kong

1 **香港青年協會大廈**
The Hong Kong Federation of Youth Groups Building
hkfyg.org.hk

青年空間 Youth S.P.O.Ts

youthspot21.hkfyg.org.hk

2 青協賽馬會天悅青年空間
HKFYG Jockey Club Tin Yuet Youth S.P.O.T.

3 青協賽馬會天耀青年空間
HKFYG Jockey Club Tin Yiu Youth S.P.O.T.

4 青協洪水橋青年空間
HKFYG Hung Shui Kiu Youth S.P.O.T.

5 青協賽馬會建生青年空間
HKFYG Jockey Club Kin Sang Youth S.P.O.T.

6 青協賽馬會祥華青年空間
HKFYG Jockey Club Cheung Wah Youth S.P.O.T.

7 青協大埔青年空間、PH2青年宿舍
HKFYG Tai Po Youth S.P.O.T. · Youth Hostel PH2

8 青協荃景青年空間
HKFYG Tsuen King Youth S.P.O.T.

9 青協荃灣青年空間
HKFYG Tsuen Wan Youth S.P.O.T.

10 青協賽馬會葵芳青年空間
HKFYG Jockey Club Kwai Fong Youth S.P.O.T.

11 青協隆亨青年空間
HKFYG Lung Hang Youth S.P.O.T.

12 青協賽馬會乙明青年空間
HKFYG Jockey Club Jat Min Youth S.P.O.T.

13 青協賽馬會橫頭磡青年空間
HKFYG Jockey Club Wang Tau Hom Youth S.P.O.T.

14 青協賽馬會坪石青年空間
HKFYG Jockey Club Ping Shek Youth S.P.O.T.

15 青協賽馬會農圃道青年空間
HKFYG Jockey Club Farm Road Youth S.P.O.T.

16 青協賽馬會紅磡青年空間
HKFYG Jockey Club Hung Hom Youth S.P.O.T.

17 青協賽馬會茵怡青年空間
HKFYG Jockey Club Verbena Youth S.P.O.T.

18 青協將軍澳青年空間（厚德）
HKFYG Tseung Kwan O Youth S.P.O.T. (Hau Tak)

19 青協賽馬會將軍澳青年空間
HKFYG Jockey Club Tseung Kwan O Youth S.P.O.T.

20 青協康城青年空間
HKFYG LOHAS Youth S.P.O.T.

21 青協賽馬會筲箕灣青年空間
HKFYG Jockey Club Shaukiwan Youth S.P.O.T.

22 青協杏花邨青年空間
HKFYG Heng Fa Chuen Youth S.P.O.T.

M21媒體服務 M21 Multimedia Services

23 青協賽馬會Media21媒體空間
HKFYG Jockey Club Media21
m21.hk

輔導服務 Counselling Services

24 青協賽馬會學生支援中心
HKFYG Jockey Club Student Support Centre
wmc.hkfyg.org.hk

25 青協全健綜合大樓
HKFYG Wellness PLUS Complex
wpc.hkfyg.org.hk

就業支援 Employment Services

26 青協賽馬會社會創新中心
HKFYG Jockey Club Social Innovation Centre
sic.hkfyg.org.hk

27 青協青年就業網絡
HKFYG Youth Employment Network
yen.hkfyg.org.hk

28 青協賽馬會有機農莊
HKFYG Jockey Club Organic Farm
organicfarm.hk

29 Coffee Lane
coffeelane.hkfyg.org.hk

領袖培訓 Leadership Training

30 香港青年協會領袖學院
HKFYG Leadership Institute
leadershipinstitute.hkfyg.org.hk

創意交流 Creativity Education and Youth Exchange

31 青協創新科學中心
HKFYG Centre for Creative Science and Technology
ce.hkfyg.org.hk

教育服務 Education Services

32 青協生活學院、持續進修中心
HKFYG Living Life Academy · Continuous Learning Centre
lla.hkfyg.hk , clc.hkfyg.org.hk

33 青協青樂幼稚園 / 青協青樂幼兒園（西灣河）
HKFYG Ching Lok Kindergarten/
HKFYG Ching Lok Nursery (Sai Wan Ho)
clswh.hkfyg.org.hk

34 青協青樂幼稚園 / 青協青樂幼兒園（油麻地）
HKFYG Ching Lok Kindergarten/
HKFYG Ching Lok Nursery (Yaumatei)
clymt.hkfyg.org.hk

35 青協鄭堅固幼稚園
HKFYG KK Cheng Kindergarten
kkc.hkfyg.org.hk

36 青協李兆基小學
HKFYG Lee Shau Kee Primary School
lskps.edu.hk

37 青協李兆基書院
HKFYG Lee Shau Kee College
hlc.edu.hk

文康體藝 Leisure, Cultural and Sports Services

38 青協賽馬會西貢戶外訓練營
HKFYG Jockey Club Sai Kung Outdoor Training Camp
otc.hkfyg.org.hk

39 青協南丫青年營
HKFYG Lamma Youth Camp
lyc.hkfyg.org.hk

40 青協賽馬會赤柱戶外訓練營
HKFYG Jockey Club Stanley Outdoor Training Camp
s.hkfyg.org.hk

41 青協大美督戶外活動中心
HKFYG Tai Mei Tuk Outdoor Activities Centre
tmt.hkfyg.org.hk

42 青協社區體育部
HKFYG Community Team Sports Office
cts.hkfyg.org.hk

違法防治 Youth at Risk Services

ycpc.hkfyg.org.hk

43 荃灣及葵涌外展社會工作隊
Tsuen Wan and Kwai Chung Outreaching Social Work Team

44 深宵青年服務
Extended Service for Young Night Drifters

45 西貢及黃大仙外展社會工作隊
Sai Kung and Wong Tai Sin Outreaching Social Work Team

46 青年支援服務計劃
Youth Support Scheme

義工服務 Volunteer Services

47 青協青年義工網絡
HKFYG Youth Volunteer Network
easyvolunteer.hk

香港青年協會
the hongkong federation of youth groups

香港青年協會

青協・有您需要

香港青年協會（簡稱青協）於 1960 年成立，是香港最具規模的非牟利青年服務機構。主要宗旨是提供專業而多元的服務及活動，使青少年在德、智、體、群、美等各方面獲得均衡發展；其經費主要來自政府津貼、公益金撥款、賽馬會捐助、信託基金、活動收費、企業及個人捐獻等。青協設有會員制度與各項專業服務，為全港青年及家庭提供支援及有益身心的活動。轄下超過 90 個服務單位，每年舉辦超過 25,000 項活動，參與人次超過 450 萬。青協服務致力拓展下列 12 項「核心服務」，近年積極推動數碼轉型和可持續發展，以回應青少年不斷轉變的需要；同時亦透過「青協・會員易」(easymember.hk)，全面聯繫逾 50 萬名登記會員。另外，龍傳基金秘書處設於青協，致力培育全球華裔青年領袖，發揚中華文化，促進世界共融。

The Hong Kong Federation of Youth Groups

HKFYG • Here for You

The Hong Kong Federation of Youth Groups (HKFYG) was founded in 1960 and is now the city's largest youth service organisation. Over the decades, it has been committed to serving the youth of Hong Kong by providing a variety of services, activities and programmes for their balanced social, educational, cultural, emotional and physical development.

Through its membership network, the Federation provides extensive services that benefit the youth and their families. With over 90 service units, it organises over 25,000 programmes and activities annually, attracting an attendance of over 4.5 million. In advancing its 12 core services, the Federation has embraced digital transformation and sustainable development to meet the evolving needs of youth. It continues to connect over 500,000 registered members through the online platform, easymember.hk. The Dragon Foundation, administered by the Federation, connects ethnic Chinese youth leaders worldwide to promote Chinese culture and foster global integration.

香港青年協會總辦事處
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社會福利署資助服務
Subsidised Service by the Social Welfare Department

參閱電子版
Access E-version

青年空間

1 – 22





- 本着為青年創造空間的信念，青協轄下 21 所**青年空間**植根社區，由專業社工團隊推動地區青年工作
- 致力聯繫青年，成為發展潛能和鍛鍊場所，讓他們踏出參與社區建設的第一步
- 由 2011 年起，透過由 3,000 名青年自發帶動的「**鄰舍第一**」倡議，建立鄰里情及共融社區，促成跨代共建
- 透過「青成共創」改造，呈現嶄新面貌，推動數碼轉型
- 積極關注青年精神健康，設立「**治療角落 Healing Corner**」
- 設有 **LEAD Lab** 及 **M21 社區媒體製作站**，培養青年對 STEAM 的興趣，並鼓勵多媒體創作
- 營運位於大埔青年空間的 **PH2**，為全港首幢落成的**青年宿舍**，為在職青年提供租宜及舒適的生活空間

Youth S.P.O.Ts

- The HKFYG's 21 **Youth S.P.O.Ts** (Spaces for Participation, Opportunities and Training) are community-based and led by professional social work teams
- Enables young people to explore their potential and engage in community building
- Forges neighbourly relations and builds inclusive communities to foster intergenerational co-creation through the "**NEIGHBOURHOOD First**" initiative, a community care project led by 3,000 young volunteers, active since 2011
- Revamped through "Youth Co-Creation" to embrace digital transformation
- Established "**Healing Corners**" in response to growing youth mental wellness needs
- Houses **LEAD Labs** and **M21 Community Studios** to foster creativity in STEAM and multimedia
- Operates **PH2** above Tai Po Youth S.P.O.T., Hong Kong's first **youth hostel** offering working youth affordable and comfortable accommodation, addressing their needs for private spaces

M21 媒體服務

23






- 作為以青年為本的多媒體互動平台，提供創新的媒體學習環境，培育數碼技能
- 設有**青協賽馬會數碼技能轉型中心**，配備延展實境（XR）、元宇宙、數碼創作和綠幕工作室等設備
- 激發青年科技創新和創作，掌握數碼發展、人工智能（AI）與新科技應用的最新趨勢
- 持續推廣數碼及媒體素養教育，加強青年在網絡時代辨別資訊真偽的能力
- 透過《施政Online@M21》及《預算案Online@M21》等，為青年提供與主要官員交流對話的平台
- **M21 創作者社群空間**提供 24 小時開放的創作場地及器材租借服務，孕育創作社群

M21 Multimedia Services

- A youth-oriented multimedia platform that offers innovative learning to cultivate digital proficiency
- Houses the **HKFYG Jockey Club Digital Skills Transformation Centre**, equipped with extended reality (XR), metaverse, digital creation and green screen studios
- Supports youth innovation and creativity by introducing the latest trends in digital technology and artificial intelligence (AI)
- Promotes media and information literacy to enhance critical thinking in the digital era
- Provides platforms for direct dialogue between young people and top government officials through "Policy Address Online@M21" and "Budget Online@M21"
- **M21 Creator Space** offers a 24-hour accessible venue and equipment rental, to the young creators community

輔導服務

24 25



- 倡導「全人健康」理念，涵蓋身體、心理、社交、職業、數碼和環境健康
- 同時關注情緒健康、多元學習需要及媒體素養
- 透過**青協賽馬會學生支援中心**、**全健綜合大樓**、**全健空間**、**「同領 · 同行」平台**、**「關心一線 2777 8899」**、**「DSE 2777 1112」**、**「uTouch」網上外展**、**「OpenUp」**、**駐校社工及臨床心理輔導**等，線上線下全面建立專業支援網絡
- 引進「社會處方」健康管理模式，成為全港首間加入「全球社會處方聯盟」的機構
- **「校易網」(easyschoolconnect.hk)** 平台為學校提供 1,000 多個專業服務，支援教育工作
- 年度旗艦活動「青協背包跑」推廣身心全健理念，參加者背着背包起跑，象徵分擔青年壓力

Counselling Services

- Advocates for "whole wellness" to include physical, mental, social, occupational, digital and environmental wellness
- Addresses specific issues such as mental health, diverse learning needs and media literacy
- Provides comprehensive support through the **HKFYG Jockey Club Student Support Centre**, **Wellness PLUS Complex**, **Wellness PLUS**, **Shall We Talk**、**Shall We Walk**, **Youthline 2777 8899**, **DSE 2777 1112**, **uTouch Cyber Youth Outreach**, **OpenUp**, **school stationing** and **clinical psychology** services
- Introduced "Social Prescribing" health management and became Hong Kong's first organisation to join the Global Social Prescribing Alliance
- Supports schools with over 1,000 educational resources through the **EasySchoolConnect portal (easyschoolconnect.hk)**
- Organises the annual flagship event, HKFYG Run for Wellness, promoting physical and mental well-being as participants run with backpacks to symbolise shouldering the burden of young people

違法防治

43 44 45 46

- **青年違法防治中心**致力解決犯罪違規、性危機、吸毒三大問題
- 透過**地區外展社會工作隊**、**深宵青年服務**、**青年支援服務**及**抗毒服務專隊**，構建全面支援網絡
- 為處於危機的青年及其家人提供預防教育、危機介入與評估、輔導治療等服務
- 設有「青法網」網站與流動應用程式及支援熱線 8100 9669，提供守法資訊、被捕支援和即時求助
- 推動跨專業協作和研發倡導，包括首次在香港應用「意義中心取向」介入模式，以及處理犯事者精神健康問題，提升服務成效
- 為 18 至 24 歲處於不利環境的青年，提供短期住宿服務

Youth at Risk Services

- **The Youth Crime Prevention Centre (YCPC)** addresses three prevalent youth issues: criminal offences, sexual crises and drug abuse
- Ensures full support network through **District Youth Outreaching Social Work Teams**, **Extended Service for Young Night Drifters**, **Youth Support Scheme** and **Anti-Drug Service**
- Offers preventive education, crisis intervention and assessments, as well as counselling services to support young people and their families
- The YouthLaw website, mobile app and support hotline 8100 9669 provide law-abiding information and assistance for those arrested with immediate help
- Promotes multi-disciplinary collaboration, research and advocacy to improve service outcomes through innovative approaches, including pioneering the "Meaning-Centred" approach in Hong Kong and addressing mental health issues among justice-involved youth
- Provides short-term accommodation for youth in need aged 18 to 24




就業支援

26 27 28 29

- 致力裝備青年規劃事業及實踐創業理想，探索職業發展的不同可能性
- **青年就業網絡**以「生涯規劃」概念推廣未來技能，協助青年順利由學校過渡至職場
- **青協賽馬會社會創新中心**提供社創教育、創業培訓及孵化、種子基金等多項支援
- 透過「香港青年創業計劃」，提供免息貸款及創業指導，支援青年創業
- 透過「**前海香港青年發展中心**」及多個項目，積極為初創青年拓展國內及海外市場
- 連繫企業並營運社會企業，提供就業機會，包括**青協賽馬會有機農莊**及**Coffee Lane**

Employment Services

- Empowers young people to thrive on their career and entrepreneurial journeys
- **The Youth Employment Network** drives life and career planning, develops future skills and facilitates the transition from school to the workforce
- **The Jockey Club Social Innovation Centre** offers social innovation education, business training and incubation, seed funding and other support services
- Supports youth entrepreneurship with interest-free loans and professional mentorship through Youth Business Hong Kong (YBHK)
- Helps local start-ups expand business networks beyond Hong Kong through the **Qianhai Hong Kong Youth Development Centre** and other projects
- Fosters connections with corporations and operates social enterprises to provide employment opportunities, including the **HKFYG Jockey Club Organic Farm** and **Coffee Lane**





領袖培訓

30

- 自 2000 年起，已培訓逾 20 萬名立根香港、心連祖國、放眼世界的青年領袖
- **青協領袖學院**坐落於於歷史建築前粉嶺裁判法院，結合古蹟保育與現代科技，提供互動體驗
- 設有清晰的培訓階梯，為全港學生以至行政人員提供專業的領袖課程
- 旗艦項目 《香港200》領袖計劃，每年選拔及培訓 200 位別具潛質及服務心志的青年
- 每年舉辦重點活動「青協英語演講比賽」，提升青年慎思明辨及演說技巧
- 配備營舍提供深度訓練、生活體驗和歷奇活動，促進與內地及海外青年領袖交流

Leadership Training

- Nurtured over 200,000 young leaders rooted in Hong Kong, connected to the nation and equipped with a global vision since 2000
- **The HKFYG Leadership Institute** is housed in the historic former Fanling Magistracy, blending heritage with technology for an interactive experience
- Offers a structured training pathway with professional courses for students and young professionals
- The flagship "Hong Kong 200" Leadership Project annually selects and trains 200 young people
- The prestigious HKFYG English Public Speaking Contest enhances critical thinking and public speaking skills among young people
- Provides accommodation for life-enriching and adventure training experiences and exchanges with Mainland and overseas youth





義工服務

47






- 全港最大型的青年義工網絡，登記義工人數超過 26 萬，年度服務時數逾 90 萬小時
- **「好義配」(easyvolunteer.hk) 一站式網上配對平台**，助義工隨時搜尋合適的服務機會
- **「好義學」網上自學計劃**，提升義工的知識及技能
- **「好義配」義工嘉許計劃**，表揚傑出的義工及機構
- 每年舉辦**「有心計劃」**，連繫學校與企業，合力推動學生服務社區及企業履行社會責任
- 帶領義工參與海內外大型活動服務，如亞運會、進博會及全運會等，開拓國際視野

Volunteer Services

- Largest youth volunteer network in Hong Kong, with over 260,000 registered volunteers contributing 900,000 service hours annually
- **The all-in-one online portal**, **easyvolunteer.hk**, connects volunteers with service opportunities
- **The Easy Learning Self-Enrichment Initiative** empowers volunteering skills
- **The "Easy Volunteer" Volunteer Service Award** recognises individual and corporate volunteers
- The annual **Heart to Heart Project** brings together students and corporates to give back through service
- Provides opportunities for cross-border service at major events like the Asian Games, the China International Import Expo and the National Games





家長服務

6 9 16 21

- **家長全動網**及**家庭生活教育組**提供全面的線上線下支援服務
- 協助家長應對與子女相關的問題和挑戰，掌握管教技巧
- 舉辦多元的家長學習課程、講座、小組工作坊及家庭教育活動
- 設有家長互助小組，加強支援網絡，特別關注有多元學習需要子女的家庭
- 推動家庭和諧，鼓勵家長和青少年子女增進知識、同步成長

Parenting Services

- **The Parent Support Network** and **Family Life Education Unit** provide extensive online and offline support services
- Assists parents in addressing challenges and developing strategies in child-rearing
- Offers a range of education courses, talks, workshops and family education activities
- Forms parent mutual aid groups to strengthen the support network, especially for parents with SEN children
- Promotes harmony at home and collective growth among parents and children



教育服務

32 33 34 35 36 37

- 設有**兩所非牟利幼稚園及幼兒園**、**一所非牟利幼稚園**、**一所資助小學**及**一所直資英文中學**
- 致力以優良師資及具啟發性的教學環境，為香港培養優秀下一代，達致全人教育的目標
- **青協生活學院**鼓勵青年享受生活、學習生活，讓持續學習與生活融為一體
- 課程環繞興趣、技能和生活體驗，協助參加者拓展個人潛能，促進優質生活

Education Services

- Runs **two non-profit kindergartens-cum-nurseries**, **a non-profit kindergarten**, **an aided primary school** and **a Direct Subsidy Scheme secondary school**
- Nurtures students to become confident and disciplined self-learners with a whole-person approach
- **The HKFYG LIVING Life Academy** encourages lifelong learning
- Provides courses revolving around interests, hobbies, skills and experiences

創意交流

31 25

- 啟發青年創新創意和國際視野，並發掘科學潛能，勇於探索
- **創意教育組**每年舉辦「創新科技獎學金」、「香港學生科學比賽」等大型比賽、課程和活動
- 提升青年邏輯思維和解難能力，以創意回饋社會
- **青年交流部**舉辦海內外特色交流，協助青年建立國民身分認同和世界視野
- 與旅遊事務署合辦「香港青年大使計劃」，培育逾 5,600 名青年，於旅遊景點及大型活動發揚好客之道

Creativity Education and Youth Exchange

- Inspires youth innovation and global perspectives through exploration and discovery
- **The Creative Education Unit** hosts competitions and programmes like the Information and Technology Scholarship and Hong Kong Student Science Project Competition every year
- Promotes logical thinking, problem-solving and social impact through creativity and invention
- **The Youth Exchange Unit** offers Mainland and overseas exchange opportunities to foster national identity and global vision
- Co-organises the Hong Kong Young Ambassador Scheme with The Tourism Commission, which has nurtured over 5,600 to represent the city and showcase its hospitality at tourist spots and major events




文康體藝

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- 增強新生代的毅力和體力，推廣全健生活理念，實踐可持續生活方式
- 青協豁下**四個營地及戶外活動中心**，已拓展成全港最大的青年水上運動和培訓平台，另透過**中山三鄉青年培訓中心**，把培訓延伸至大灣區
- **社區體育部**大力推動團隊運動，宣揚運動共融
- 新設的「運動測研館」結合遊戲元素，帶來嶄新運動樂趣
- **文化藝術組**透過無伴奏合唱、舞蹈、藝術教育等，培育青年文化涵養及表演才華
- 透過「國際無伴奏合唱節」等年度項目，培育多個無伴奏合唱組合，為文化發展作出貢獻

Leisure, Cultural and Sports Services

- Enhances the resilience and endurance of young people, and promotes wellness and sustainability
- The HKFYG's **four camps and outdoor activities centres** make up the city's largest water sports training platform, while the **Zhongshan Sanxiang Youth Training Centre** extends its reach into the Greater Bay Area
- **The Community Team Sports Office** advocates for team sports and promotes social inclusion through sports
- The newly established HKFYG Sports Lab provides innovative, gamified sports experiences
- **The Cultural Services Unit** cultivates young people's cultural literacy and performing talents in *a cappella*, art and dance
- Nurtured numerous *a cappella* groups for the city through the annual International *a cappella* Festival and other initiatives



研究出版

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- **青年研究中心** 30 年來持續進行系統性研究項目
- 每年出版 《香港青年趨勢分析》，為社會各界提供重要參考
- 成立的青年創研庫，由本地專才與大專生組成，就社會議題定期發表研究報告，建言獻策
- **專業叢書統籌組**出版青年工作及青年創作讀物，包括英文季刊《香港青年》及中文雜誌《青年空間》
- 透過「校園作家大招募」等計劃，舉辦寫作、採訪及出版相關培訓，鼓勵青年閱讀及寫作

Research and Publications

- **The Youth Research Centre** has conducted systematic empirical research for over 30 years
- The annual analysis of *Youth Trends in Hong Kong* serves as a key indicator of youth values
- The youth think tank, Youth I.D.E.A.S. (Ideals, Dedication, Engagement, Aspirations and Service), formed by young professionals and tertiary students, offers policy recommendations on social issues
- **The Professional Publications Unit** publishes professional books and youth publications, including two magazines: the English quarterly *Youth Hong Kong* and the Chinese magazine *Youth S.P.O.T.*
- Nurtures young writers through initiatives such as the School Writers' Programme, supporting them with training in writing, interviewing and publishing and inspiring a passion for reading and writing




